

PSHRE

Curriculum Overview

Key Stage 3/4



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Identity Citizenship Nationalities	Puberty Body Development Periods Emotions	Voting General Elections Democracy Making Law	Drugs Gangs Knife Crime Peer Pressure	Communities Sleep Team Work Skills and Qualities	Consent Friendships Toxic Masculinity Positivity
	Creating Diversity & Equality	Health and Wellbeing	Rights, Responsibilities & British Values	Staying Safe Online & Offline	Life Beyond School	Relationships & Sex Education
Year 8	LGBT Gender Issues Trans Issues	Law Rights Society Community	Self Esteem Body Image Budgeting and finance Careers	LGBT+ Gender Love Consent Relationships Periods	County Lines (Gangs) Drugs Online Safety Alcohol	Health and Wellbeing Child Abuse Stress Management Healthy Eating
	Creating Diversity & Equality	Rights, Responsibilities & British Values	Life Beyond School	Relationships & Sex Education	Staying Safe Online & Offline	Health and Wellbeing
Year 9	Terrorism Extremism Fake News Media	Consent FGM Contraception Sexual Health	Cannabis Illegal Drugs Drug Addiction Volatile Substance Abuse	First Aid Conflict Management Budgeting	Contraception HIV and AIDS STIs and STDs Risky Activities in relationships	Media & Airbrushing Grief and Loss Cancer Prevention Body Confidence
	Rights, Responsibilities & British Values	Relationships & Sex Education	Staying Safe Online & Offline	Life Beyond School	Relationships & Sex Education	Health and Wellbeing
Year 10	British Values Human Rights LGBT	Emotional Wellbeing Mental Health Child Abuse Self-Harm	Sexting Porn Sexual Abuse & Rape Domestic Violence	Consumer Rights Employment Rights Social Media Personal Finance	Honour Based Violence Gambling Modern Day Slavery Knife Crime	Brexit Fair Trade Women's Rights AIDs Peace and Conflict
	Rights, Responsibilities & British Values	Health and Wellbeing	Relationships & Sex Education	Life Beyond School	Staying Safe Online & Offline	Creating Diversity & Equality
Year 11	Careers CV Writing Interviews Personal Statements	Parenthood Pregnancy Love and Abuse Cancers Organ Donation & Medical Ethics	Contraception Cancer STIs and STDs Sexual Health	Drugs Festivals Sexualisation of the media	Revision Exams Post-16 Preparations	
	Life Beyond School	Health and Wellbeing	Relationships & Sex Education	Staying Safe Online & Offline		